

VIDYASAGAR UNIVERSITY

A Project Work On

A Comparative study on Health Status Between Working and Service man Of Rural Area, Bhagwanpur-II Age ??

This project work is submitted for the partial fulfillment for the award of degree of B.Sc. (Hons) from Vidyasagar University



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TO WHOM IT MAY CONCERN

This is to certify that **Puja Maiti** (Roll:1125129; No.: 220169; Regn. No.: **VU221291123 of 2022-2023**) a student of B.Sc. Part –III,(5th Sem) Dept. of Nutrition, under Vidyasagar University, Paschim Medinipur, has completed her project work under my guidance on the topics “**A comparison Study on Health Status between Working and Service man of Rural Area, Bhagwanpur-II**” for the partial fulfillment for the award of degree of B.Sc. from Vidyasagar University.

I am satisfied for her performance. She is energetic and up to date in her work; I wish success in her life.

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A Comparative study on Health Status between Working and Service man.

ABSTRACT

In family needs in everyday life; housekeeping and maintaining the home; and making clothes for the family—and who is not employed outside the home. In the present study a survey was conducted to compare health status between Working and Service man. The survey was carried out at Bhagwanpur-II block area, Purba Medinipur, West Bengal. The data was collected for Working man (n=15) and for Service man (n=15). A man is a man whose occupation is running or managing her family's home caring for her children; buying, income, and storing food for the family. The survey was found that different measurements like height, weight, blood pressure, pulse rate, waist and hip circumferences were carried out. The participants were asked about their hygienic condition and diseases. It was found that there was no significant ($p>0.05$) differences in waist hip ratio, systolic pressure, diastolic pressure, pulse pressure, pulse rate between working and service man. But it has noticed that Body mass index are significantly ($p<0.05$) lower in rural areas as compare to working man. It was observed that more percentage of Working man was suffering from High blood pressure, Constipation, Hypertension, Fatigue or lack of energy as compare to Service man. It was found that more percentage of Service man was suffering from Stress or Anxiety as compare to Working man. Service man were hygienic is proper maintain from washing of hands after toilet and washing of cooking utensils compare to Working man.

Keywords: Working man, Service man, Health, Comparison, Body mass index, Waist-hip ratio, Disease, and Hygienic condition.

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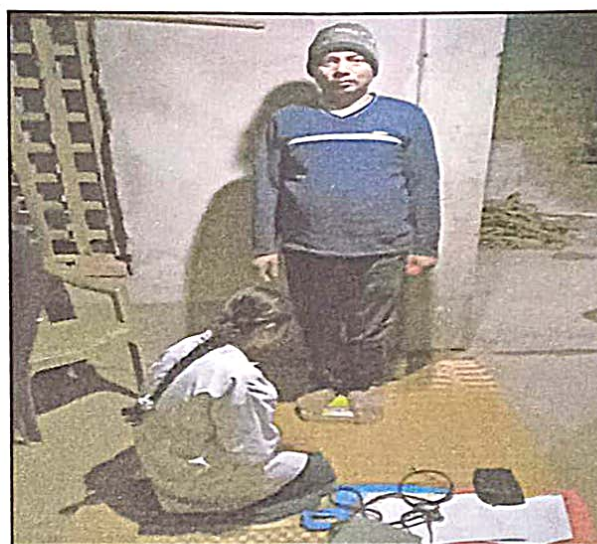


Plate 1: Different activities during survey of Working man of Bhagwanpur-II Block area



Plate 4: Different activities during survey of Service man of Bhagwanpur-II Block area